

# LALICA

## Лалица

(Northeast Bulgaria)

A slow dance of the *Dajčovo* family. From the area around Šumen. Danced at springtime.

**Pronunciation:** LAH-leeH-tsay  
**Translation:** Little tulip  
**Music:** Yves Moreau CD  
**Rhythm:** 9/8. Counted here as 1-2, 1-2, 1-2, 1-2-3 or q-q-q-S  
**Formation:** Mixed open circle. Hands joined in W position. Wt on L, face ctr.  
**Style:** Proud and "earthy" (slight knee bend).

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### Meter 9/8

### Pattern

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Introduction: 8 meas instrumental music. No action. Start with song

#### 1. Travel step with stamps and arm motions

- 1 Step on R to R (1) hold (2) step on L behind R (3) step on R to R (4)
- 2 Facing R of ctr, step fwd on L (1) hold (2) step on R (3) step on L (4)
- 3 Facing ctr, step on R, extending arms fwd (1) light stamp with L, not wt, next to R, arms continue extension downward (2) step on L in place (3) small stamp, no wt, with R next to L (4)
- 4-12 Repeat pattern of meas 1-3, three more times

#### 2. Forward and back

- 1 Facing ctr, step fwd on R (1) hold (2) step fwd on L (3) step fwd on R (4)
- 2 Continuing fwd, step onto L (1) hold (2) step on R (3) step on L (4)
- 3-4 Repeat pattern of meas 1-2 with opp direction (moving bkwd)
- 5-8 Repeat pattern of meas. 1-4

**Dance repeats from beginning**

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